

# MGMT 174

The logo for MGMT 174, featuring a horizontal bar with a teal segment on the left and an orange segment on the right.

## Team Leader Presentation

Ben Terry, Carter Reeves, Divyansh Agarwal

# Game Plan



1. Introduction on Leader
2. Five Practices of Exemplary Leadership
3. Attention Regulation and Mastery Logs
4. Recommendation for Leavey Students
5. Question and Answers

# A Few Goals After Today



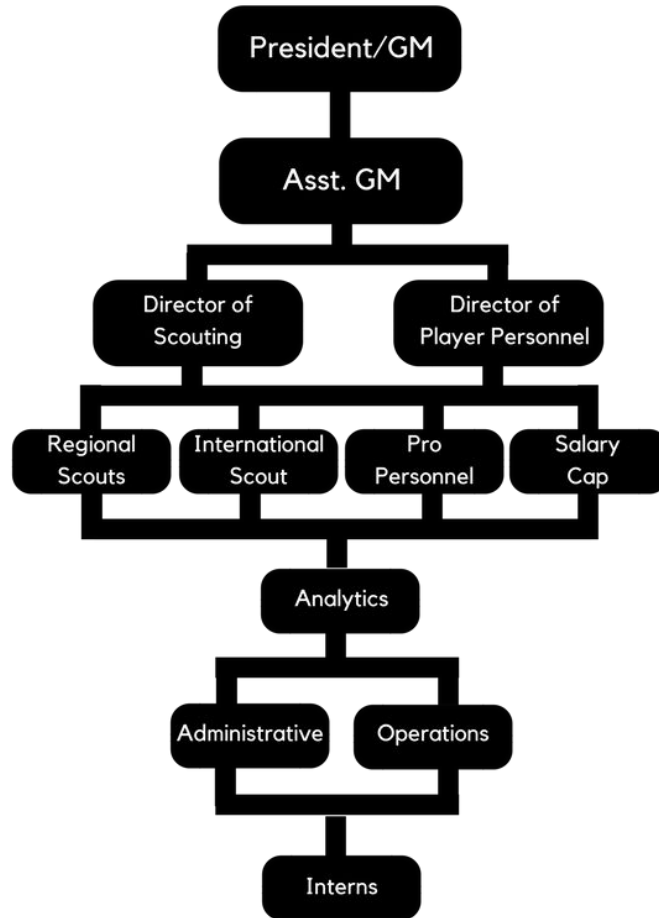
*Can you explain the following?*

- What specific values does this leader use to exhibit their influence
- Is there such thing as a most effective leadership style?
- What to do if you are acquainted with people that are part of the problem?
- What should a leader do when they don't have the answer?
- What are some ways to celebrate others?



# Intro of Leader- Let's Call Him Adam

- Occupation: Head Coach
  - Was once a player and has worked in the front office as well
- Has to deal with both business and players
  - Operations, both business side and front office, coaching staff, and the team
- Face of the organization





# Intro of Leader- Let's Call Him Adam

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# Model The Way

*Q: What are your core values?*

**Model the Way**

- 2) Set the example
- 1) Clarify values




Competition

Compassion

Mindfulness

Joy





*"My values are going to be different from your's,  
and those are going to be shaped from our life  
experiences... My values are all based on how  
I've lived and how I was raised, and the feelings  
I have within myself as I go through life"*




# Model The Way

- Simply stating your values is not enough
- Your responsibility as a leader to model the way

**Model the Way**

- 2) Set the example
- 1) Clarify values



*"Coaching is about expressing your  
own values on a team and then  
those values coming alive through  
your players"*

# Model The Way



MAJOR



ALERT



- The key is **authenticity**,  
your values have to come from  
who you are.
- Your values have to be unique  
to yourself

Model the Way

- 2) Set the example
- 1) Clarify values




# Inspire a Shared Vision

Q: Who are some individuals who have *influenced your leadership style* and what stuck out about them? How do you use your influences to lead and enlist others in your organization?

Inspire a Shared Vision

Model the Way

- 4) Enlist others
- 3) Envision the future
- 2) Set the example
- 1) Clarify values



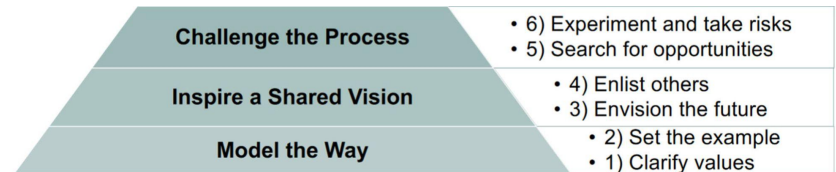
"What made them stand out was that I could really feel how they cared about me and each individual player on that team, and when players feel that love, compassion and care for them they are much more likely to buy into the team goals "



# Challenge The Process

- Leaders search for opportunities to change the status quo
- They experiment and take risks
- They accept failures as opportunities to learn

**“I played for Team A, we were a talented team but there was a leadership void within the team, we did not have the internal leaders we needed.”**

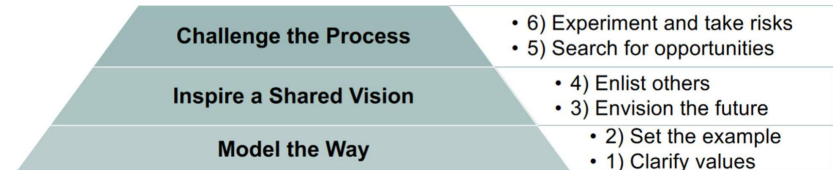




## Challenge The Process

**“Not being afraid to make changes when they are necessary is the nitty gritty part of being a leader.”**

- “Sometimes as a leader you need to change the dynamics of the personnel. I love the people I’m working with but we need something different, some new blood, a different skill set, and that’s the hardest part of being a leader, making an individual change for the betterment of the group.”
- “Handling this is the real challenge and personal touch can help to stand as a leader.”



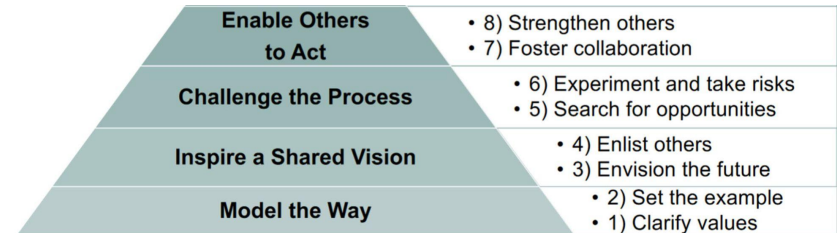




# Enable Others to Act

## Key Points To Remember:

- Engage with all those involved
- Everyone who lives with the results of the project should be contributing to the work that is required to make it happen
- Focusing on others needs instead of self-interest builds peoples trust





Goal:

EMPOWERING OTHERS



**How often do you prioritize intent in your life?**



**Personally, When I Am In The Position  
of Being a Leader?**

**Others Interest**

**45%**

**Self-Interest**

**55%**




**When I am not in a position to lead**

**Others Interest**

**35%**

**Self-Interest**

**65%**



***“Actually, showing some vulnerability is a form of strength. Sometimes the best thing a leader can say is “I don't know, what do you think? What would you do if you were me?” I'll do that with my coaches and I'll even do it with my players, and they actually love that because I am empowering them.”***



***"I don't know, what do you think? What would you do if you were me?"***



## How *Enable Others to Act* is implemented in his role?

- Asking the leaders on the team to step-up in crucial moments
- Running plays for players who do not get as many contributions
- When a player is doing poorly, if you believe in them then keep feeding them the ball
- Asking other coaches on the staff to provide their input on a situation
- ALWAYS ASK QUESTIONS!! USE WE INSTEAD OF I STATEMENTS



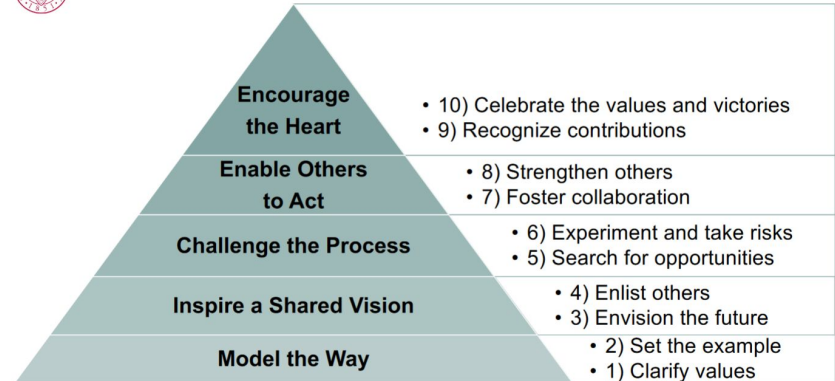
# Encourage the Heart

## Key Points To Remember:

- Showing appreciation for people's individual accomplishments
- Dramatic gestures and simple actions both work
- Communities root for the people with in them to succeed and that builds comradery




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Goal:

HAVING OTHERS APPRECIATE THEIR  
OWN VALUE



***“Personalizing** the work experience... people don't want to feel like they are employees they want to feel like they are a part of something special”*



**Does the athlete work for the coach or does the  
coach work for the athlete?**



**Does the employee work for their employer or does  
the employer work for employee**



**A leader is only as good as their team!**



**Sara Blakely - Spanx**



**Larry Page - Google**

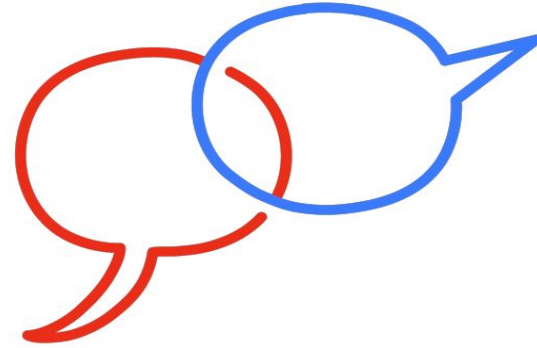


# Ways our Coach recognizes individuals?

- Recognizing players, especially the younger ones who need to build confidence
  - Giving them the game ball when they reach a new milestone, if it's their first points than doing it regardless of a win or a loss
- Highlighting aspects of life outside of just sports!!
  - Celebrating birthdays or family milestones
  - Asking players around the team to send snippets of each other to create personalized videos for a person
- Making fun of each other is **OK**
  - **Great teams have a good sense of humor and humility**
  - **It gets egos out of the way**



# Attention Regulation



Attention  
Regulation

**"I meditate every day even if it is only for 10 minutes, I'll lay on a yoga mat and just breathe."**

- Better frame of mind
- Off day helps in relaxing the body
- Stimulates productive thought
- Not glorify 18 hours working day
- Finding activities or hobbies that stimulate the mind and calm the body

**"We do something at practice, the Silent 7, the gym goes silent and players for the next 7 minutes run offensive sets using only body language. The feeling in the gym is different as it works as an escape from modern life noise. Yoga is the same concept where you go in a different state of mind, a state of total focus through silence."**



## Mastery Logs



**“Nobody has all the answers... it shouldn't keep you from seeking them though”**



- Meditation
- Will always read a new book
- Will bring in guest speakers like artists, musicians, and business people to motivate his athletes



## Recommendation for Students

- It is okay to ask for help
- There is no right mantra for Leadership
- Invoke Change when necessary
- Always remember for what you are working
- Focus on Self-Reflection
- Inspire people around you and learn from their success

